

Xadgudubka Jinsiga ee Waqtiga Nolosha oo Soo Noqnoqda



Noocyo la turjumay oo ah Lifetime Spiral oo ku qoran Shiinees, Farsi, Kuuriyaan, Punjabi, Tagalog iyo af Fiitnaam ayaa laga heli karaa api-gbv.org. Janaayo 2002. Waxaa dib loo eegay oo wax laga baddalay 2010.

Laga bilaabo soo rididda uurjiifka dheeddigaa ah ilaa dilka qof uu dilo qof xiriir galmoo ama mid jacayl la leh, gabdhaha iyo dumarka waxay la kulmi karaan cadaadisyo badan inta lagu jiro da'da dhallaanka ay yihiin, carruurnimada, dhowr iyo toban jirka, qaangaarnimada, iyo waayeelka. Qaar ka mid ah kuwan waxay ku kooban yihiin hal marxalad oo wareegga nolosha ah, qaarkoodna waxay sii socdaan ilaa marxaladaha xiga. Rabshada qoysku waa mid ka mid ah un noocyada badan ee rabshadaha ka dhanka ah haweenka. Waxay ku saabsan tahay wax ka badan garaacis jireed, galmoo, waxyeeleyn dhaqaale iyo mid shucuureed; sidoo kalena waxay ku saabsan tahay ku noolaanshaha jawi cabsi leh. Nolosha haweenka Aasiyaanka iyo dumarka Jasiiradaha Baasifigga ee la dhibaateeyay waxaa hareeya culaysyada dhaqanka ee ceebeynta iyo qiimo ridista.

Iyadoo la tirinayo noocyada rabshada nolosha oo dhan, Lifetime Spiral (qaab qoraaleedkan) waxaa uu si dadban u ogaadaa noocyo kala duwan oo xadgudubayaal ah nolosha gabdhaha iyo dumarka, taasoo muujinaysa qaababka dhibaateynta iyo dembiyada. Lifetime Spiral waxaa loogu talagalay in qof walba uu u isticmaalo inuu garto taariikhaha rabshada noloshooda ama nolosha qoyska iyo asxaabta. Annagoo sare u qaadayna wacyigelinta ku saabsan dabeecadda taariikhiga ah ee rabshadaha ka dhanka ah haweenka iyo gabdhaha, waxaan bilaabi karnaa inaan yareyno eedeeynta dhibbanayaasha.

Rabshada jinsiga waxaa badanaa lagu arkaa marka la eego dulmiga dheeraadka ah ee ku salaysan jinsiyadda, qowmiyadda, da'da, nooca galmada, aqoonsiga jinsiga, nooca shaqada la qabtay, heerka waxbarashada, booska dabaqada, naafanimoo, iyo/ama sharciga socdaalka ama qaxootiga.



The translation of the material is supported by Grant No. 15JOVW-23-GK-05125-MUMU awarded by the Office on Violence Against Women, U.S. Department of Justice. The opinions, findings, conclusions, and recommendations expressed in this publication/program/exhibition are those of the author(s) and do not necessarily reflect the views of the Department of Justice, Office on Violence Against Women.



This publication was funded by a grant from the Department of Health and Human Services (DHHS); Administration for Children and Families; Administration on Children, Youth and Families; Family Violence Division. The viewpoints contained in this publication are solely the responsibility of the authors and do not necessarily represent the official views or policies of the Administration for Children and Families.

Lifetime Spiral of Gender Violence



Translated versions of the Lifetime Spiral in Chinese, Farsi, Korean, Punjabi, Tagalog and Vietnamese available at api-gbv.org. January 2002. Revised 2010.

From the aborting of female fetuses to intimate homicide, girls and women may encounter numerous oppressions during infancy, childhood, adolescence, adulthood, and as elders. Some of these are confined to one stage in the lifecycle, some continue into subsequent stages. Domestic violence is just one amongst many forms of violence against women. It is about more than physical, sexual, economic and emotional battering; it is also about living in a climate of fear. The lives of abused Asian and Pacific Islander women are shadowed by the cultural burdens of shame and devaluation.

By enumerating types of violence over the lifecourse, the Lifetime Spiral implicitly locates a range of abusers in the lives of girls and women, revealing patterns of victimization and perpetration. The Lifetime Spiral is designed to be used by everyone to identify histories of violence in their own lives or in the lives of family and friends. By raising awareness about the historical nature of violence against women and girls, we can begin to diminish victim-blaming.

Gender violence is often experienced in the context of additional oppressions based on race, ethnicity, age, sexual orientation, gender identity, type of labor performed, level of education, class position, disability, and/or immigration or refugee status.



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