



▶ HO'O Video

<https://vimeo.com/280653049>

E Ho Mai

E Hō Mai
Ka 'ike mai luna mai ē
I nā mea huna no'eau
O nā mele ē
E hō mai, e hō mai, e hō mai ē

“Grant us the wisdom from above
The hidden secrets of the chants
Grant it to us, give it to us, give it to us.”



Project Overview

- ▶ **Ho'oikaika 'Ohana** (“Strengthen the Family”) program provides a trauma-informed and culturally relevant intervention for native Hawaiian families on Oahu who have suffered the harm from domestic violence.



The Need

The incidence of domestic violence among native Hawaiians is higher than any other ethnic group in Hawai'i, as is the rate of child abuse. (Child Abuse and Neglect in Hawaii 2011–DHS Management Services Office)

Within the last 4 years, DVAC has provided support and services to more native Hawaiians than any other ethnic population.

2018	28%
2017	31%
2016	35%
2015	34%



Purpose

- ▶ **Ho'oiikaika 'Ohana** will enable native Hawaiians to benefit from program services that are connected to cultural values, shared perceptions, and designed to reflect an understanding of the unique challenges facing native Hawaiian families healing from historical trauma and domestic violence.

TARGET:

Native Hawaiian survivors/families of trauma and domestic violence

PURPOSE:

Cultivate a survivor defined environment where they can share, encourage and heal with one another towards peace

- Designed to meet the unique cultural facets of native Hawaiian survivors/families on the island of Oahu
- Healing by honoring their native Hawaii cultural identity
- Healing and rebuilding their relationships with their children and extended family members

**Assessment and Planning
HOW
One year of Program Development**

Convened the following:

HUI (group)
Survivor Focus Group
Service Providers Focus Group
Native Hawaiian elders (Kupuna)

- feedback
- evaluation outcomes
- development of framework
- development of curriculum

THE APPROACH

1. MO'OLELO

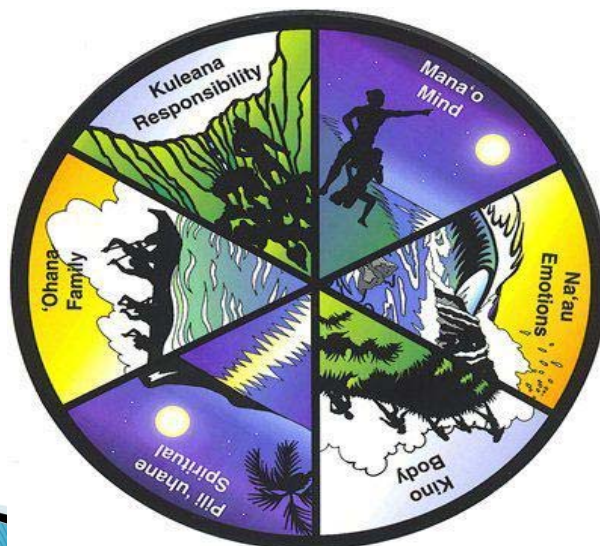
Native Hawaiian communication practice, “talkstory”
Literally, “mo’o” translates to series while “olelo” translates to story: so talkstory is the pidgin -english of mo’olelo: series of stories

2. LOKAHI WHEEL

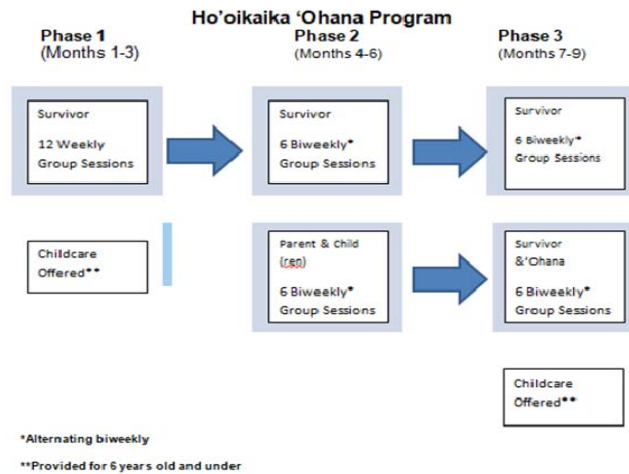
Weekly lessons are based on Lokahi Wheel values which encompass wellness and balance between the mind, body, and spirit.



LOKAHI WHEEL



Program Design



PROGRAM DESIGN

Three Phases, Three months each = Total of nine months

Phases are based on the colors of ōhi'a blossoms

- Phase 1 - 'Āpane (Red)
- Phase 2 - Mamo (Yellow)
- Phase 3 - Mamo 'ō'ā 'alani (Orange- Yellow)



Ōhi'a trees are the first plant to emerge after a lava flow

Represents resilience as well as the strong cultural connection native Hawaiians have to the 'āina (land)



PROGRAM ACTIVITIES



ULANA LAUHALA
Weaving the halala leaf represents change and transformation

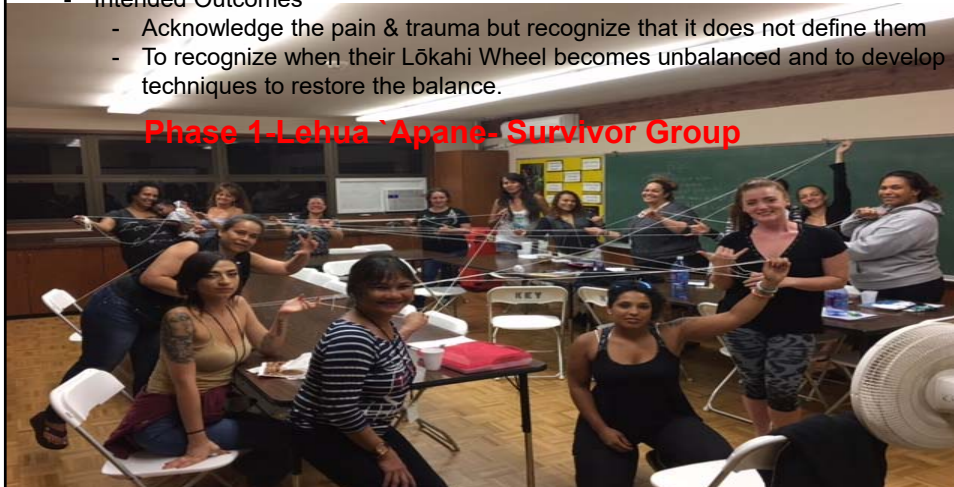
KUKUI NUT LEI MAKING
The kukui is a symbol of enlightenment, knowledge and wisdom.



Lōkahi Wheel & Mo'olelo Foundation

- Manage unresolved symptoms
 - Identify additional supports
 - Develop emotional regulation and stress management
- Utilizes **Ho'oponopono** and **lomilomi massage** as methods of self-care and self-awareness
- Intended Outcomes
 - Acknowledge the pain & trauma but recognize that it does not define them
 - To recognize when their Lōkahi Wheel becomes unbalanced and to develop techniques to restore the balance.

Phase 1-Lehua `Apane- Survivor Group



Phase 2-Lehua Mamo-Survivor and Child/ren Group
For children age 6 and older

- Children 5 and under-in childcare
- Build and strengthen relationship and communications skill-building

INTENDED OUTCOMES:

- To recognize their bond has been disrupted due to DV
- To recognize their bond can be restored & healed
- For the survivor to feel supported & confident to parent their child
- For the survivor to feel safe to expand their network
- To engage in cultural practices with children to strengthen their bond



Phase 3-Survivor & 'Ohana Group
Lehua Mamo `O`A `Alani

- Includes survivor's selected family either to rebuild relationship compromised by abuse or to help as a stable support
- Guided through areas of conflict
- Ho'oponopono to resolve familial relationship issues
- Improve communications

Focuses on healing and restoration of the relationships and/or family unit

Intended Outcomes

- For the 'Ohana member to understand the dynamics of DV
- For the Survivor to repair/restore the bond with 'ohana member



HO'O First Pilot Group



Kumuhonua Group



▶ KALO POUNDING



Groups and Locations



Wai'anae



Kahalu'u Key Project



Salvation Army Group
LLSF, Manoa Valley

Groups and Locations

Kaneohe Hina Mauka



Women's Community Correctional Center



Salvation Army 2 –Manoa



Ho'oikaika 'Ohana Video

▶ HO'O Slideshow PICS

<https://vimeo.com/280451937>



OLI MAHALO

- ▶ 'Uhola 'ia ka makaloa lā
 - ▶ Pū 'ai i ke aloha ā
 - ▶ Kū ka'i 'ia ka hā loa lā
 - ▶ Pāwehi mai nā lehua
 - ▶ Mai ka ho'oku'i a ka hālāwai lā
 - ▶ Mahalo e Nā Akua
 - ▶ Mahalo e nā kūpuna lā, 'eā
 - ▶ Mahalo me ke aloha lā
 - ▶ Mahalo me ke aloha lā
-
- ▶ The makaloa mat has been unfurled
 - ▶ In love, (food is/was shared) we share
 - ▶ The great breath has been exchanged
 - ▶ Honored and adorned is the Lehua
 - ▶ From zenith to horizon
 - ▶ Gratitude and thanks to our Akua
 - ▶ Gratitude and thanks to our beloved ancestors
 - ▶ Gratitude, admiration, thanks, and love to all



HO'OIKAIKA
'OHANA
(Strengthen the Family)



MAHALO NUI LOA

(means "Thank You Very Much" in Hawaiian)

Cristina and Lahela